



**New Student Information-**      **Date** \_\_\_\_\_

**Name** \_\_\_\_\_ **email** \_\_\_\_\_

**Phone** \_\_\_\_\_ **mailing address** \_\_\_\_\_

With your written permission, the following form will only be shown to the instructor(s) that will be leading the class(es) you will be taking. It is our desire to help you, to the best of our ability, to reach the goals that you have set for yourself through the practice of yoga.

**1. What has brought you to yoga?**

**2. What intentions do you have for your yoga practice?**

**3. Do you have any injuries or conditions that we need to know about in order to help you the best we can?**

**4. How did you hear about the studio?**

**5. Contact person (in case of emergency):**